



**April 14, 2010
Stonington HS Vs.
East Lyme HS**

Time:	Event	Lane 1	Lane 2
2:30	Arrival and Rigging		
3:30	Coach/Cox Meeting on Dock		
3:45	Launch Race 1		
4:00	Launch Race 2		
4:15	RACE 1: Novice B Boys "1000m"	SHS	EL
4:15	Launch Race 3		
4:30	RACE 2: Novice B Girls "1000m"	EL	SHS
4:30	Launch Race 4		
4:45	RACE 3: 2nd Varsity Boys	SHS	EL
4:45	Launch Race 5/Dock Race 1		
5:00	RACE 4: 2nd Varsity Girls	EL	SHS
5:00	Launch Race 6/Dock Race 2		
5:15	RACE 5: Third Boys	SHS	EL
5:15	Launch Race 7/Dock Race 3		
5:30	RACE 6: Third Girls	EL	SHS
5:30	Launch Race 8/Dock Race 4		
5:45	RACE 7: 1st Varsity Boys	SHS	EL
5:45	Dock Race 5		
6:00	RACE 8: 1st Varsity Girls	EL	SHS
6:00	Dock Race 6		
6:15	RACE 9: Novice A Girls	SHS	EL
6:15	Dock Race 7		
7:00	Dock Remaining boats		

Race times are approximate.

Please check in with the dock master before launching. Please also identify if the shell or any rower will be hot seating. **"Radio Channel 8"**